



November 10, 2019

Portsmouth High School - 50 Andrew Jarvis Dr., Portsmouth, NH
 Walkers start at 8:00am - Runners start at 8:30am
 More information at: www.seacoasthalfmarathon.com

Race limit: 1,400 registrants. Check website for updates on # of entries remaining.

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Seacoast Half Marathon Entry Form - 2019

Please Print Clearly

First Name										Address									
Last Name										City									
Age on 11/10/19		Date of Birth (mm dd yy)						State		Zip				Male		Female			
Email										Shirt Male: S M L XL 2XL									
Runner		Walker																	
										Shirt Female: S M L XL									
Team Name																			
Emergency Contact Name (not another racer)										Emergency Contact Phone									

I know that running is a potentially hazardous activity, and that I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to safely compete in this race. I assume responsibility for my own actions, as well as for all risks associated with this race, including, but not limited to: falls, injuries, death, damage to property, contact with other participants, effects of traffic, etc. I, for my heirs, my assigns, and myself, waive and release the City of Portsmouth, the Town of Rye, the Town of New Castle, Haven, CACRC, Runner's Alley, any and all sponsors of this race, race volunteers, and the State of N.H. from any and all claims and liabilities of any kind whatsoever arising from my voluntary participation in this event, regardless of whether such liability results from the carelessness or negligence of those named in this waiver. No rollerblades, skateboards, strollers or pets allowed. **Race numbers are not transferable. Entry fees are nonrefundable.**

Signature (A guardian's signature is required if the entrant is under 18 years of age)

Send completed application and check to:
 Seacoast Half Marathon
 c/o Runners Alley
 104 Congress Street
 Portsmouth, NH 03801

Make checks payable to: Haven
Entry Fee (non-refundable): \$75 (thru Sept 3)
\$85 (after Sept 3)